



**Indian Chamber of Commerce**

**Press Release**

### **Interactive Session with Sri Sri Ravi Shankar**

**Kolkata, 15<sup>th</sup> December, 2017: “The sign of success is a smile, the number of smiles that one has in their day-to-day life indicates how successful one is.” - Sri Sri Ravi Shankar**

At an interactive session with **Sri Sri Ravi Shankar** organized by the Indian Chamber of Commerce in Kolkata today, Gurudev said that meditation is very important for all of us to get our inner peace, and get involved in seva and satsang. Get engaged in seva work, we will be able to accomplish big tasks and always be joyful.

On success and failure he said that we should always remember that success is not a destination, instead it's a journey and we should enjoy it during our preparation phase along with the final success. Success is not achieved in just one day; it is rather achieved through our individual day to day struggles, hard work, learning and experiences.

He finally said that Life is a mixture of everything: failure and success and we need to complement both. If we fail, then we know the value of success and learn from our mistakes. But we need to move forward; ask ourselves, what did I learn from the past, and then what is my vision for the future?

**Mr Shashwat Goenka**, President, ICC in his Welcome Address introduced **Sri Sri Ravi Shankar** and said that Gurudev is just not a reputed spiritual and humanitarian leader globally but also the founder of the much acclaimed organizations namely the Art of Living and the International Association for Human Values (IHVA). From Kashmir, Assam, and Bihar in India, to Colombia, Kosovo, Iraq and Syria, and Cote d'Ivoire, Sri Sri Ravi Shankar's programs have inspired people involved in armed conflict to follow the path of peace. Concurrently, he remains a celebrated personality in the sphere of welfare through key societal problems in the global arena.

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