

Press Release

Stay Healthy Stay Fit

Park Pavilion Introduces Healthy Breakfast Buffet

Kolkata, 21st February, 2019: Nothing is as important as starting your day with a healthy and wholesome breakfast. **Park Pavilion**, the 24 hour restaurant & coffee shop of **Jameson Inn Shiraz** launched a healthy breakfast buffet at a very affordable cost which will keep oneself fuller for longer and prevent them from binge-eating.

“Whether you are a morning person or not, a plateful of nutritious delights can lift your mood, keeping you energised throughout the day and helps you lose weight in a healthier way”, said **Mr Sandeep Basu, General Manager, Jameson Inn Shiraz.**

The elaborate buffet menu on each day includes over 40 items which includes **Fresh Fruit Juices, Fresh Health Juices, Milk, Maple Syrup, Fruit Compote, Cut Fruits, Three Types Of Cereals, French Toast, Pan Cakes, Boiled Egg, Cheesy Baked Beans, Chicken Stew, Fish Stew, Vegetable Stew, Curd, Porridge, Grilled Tomato, Poha, Jeera Aloo, Dhokla, Masala Paratha, Stuffed Paratha, Desserts and many more.** There is a special Ayurvedic Food Counter which offers **Fenugreek Seeds Water, 2 Types of Sprout, Veg Crudets, Salted Lassi, Sweet Lassi, Shikhanji and Wheat Grass Juice.**

The elaborate buffet menu offers an array of options to choose from. The pocket pinch for one is **Rs 350/-** plus taxes and will be available on all days from **7 am to 10 am** at **Park Pavilion, Jameson Inn Shiraz, 56 Park Street, Mullick Bazar Crossing, Kolkata - 700017.**

About Park Pavilion:

Park Pavilion, the 24 hour restaurant & coffee shop of Jameson Inn Shiraz provides an eclectic mix of culinary experiences. The wide offerings of the restaurant make it a perfect place for a quick bite, an intimate meal, or a fun meeting place to gather with family and friends. The décor is soft and neat with a touch of rustic, so as to incorporate natural light and is blended in soft hues and earthy tones. It has a comfortable seating capacity for 50 people. The generous spacing allows diners a lot of personal space, and you can view the Chef’s culinary wonders at the live kitchen.

For further information please contact:

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