



## Press Release

### Sister Nivedita University Comes Up With SNU Cricket Academy At SNU Campus

**Kolkata, 10<sup>th</sup> July, 2019: Sister Nivedita University**, today, inaugurated **SNU Cricket Academy** at the SNU Campus premises. The academy was inaugurated by **Mr Sambaran Banerjee**, former Bengal Cricketer and Ranji Trophy winner in the presence of **Mr Satyam Roychowdhury**, Chancellor of SNU and **Prof. Ashoke Ranjan Thakur**, Vice Chancellor of SNU.

Education at SNU is Research based and connected to practicalities and fun of life as well. And to add to that, SNU has taken another step forward and built a Cricket Academy for the students and other interested cricket aspirants.

“Sports require physical exercise, which results in better blood circulation and an overall improved physical stamina. It opens up one’s nerves and makes the body more flexible, agile and responsive. Despite all the physical advantages, participating in a sport also works wonders to your brain and overall personality. Being involved in sports activities benefits a student in many ways. It not only provides physical strength but it also increases mental power. Outdoor sports such as football, cricket, volleyball, hockey, running, etc helps in improving physical health and mental fitness”, said **Mr Satyam Roychowdhury, Chancellor, SNU**.

#### **About Sister Nivedita University:**

Defying Boundaries, Redefining Possibilities.

Sister Nivedita University has been built on the ideologies of Sister Nivedita, blessed under the shadow of Swami Vivekananda. It is a dynamic organization with the primary focus on reaching excellence in research oriented education. It is dedicated to strive towards a holistic growth, encompassing emotional, spiritual, social, and physical success and well-being. The university offers educational programs and research in a wide array of subjects, under disciplines like Engineering and Technology, Science, Medicine, Management, Law, Humanities, Language and Literature, Pharmacy, Architecture, Social Sciences, Education, Performing Arts, Sports, Media, Design, etc.

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