



Press Release

ILS Hospitals Howrah Hosts Walkathon 2023 – A Walk To Drive Out Diabetes - An Effort To Raise Public Awareness On World Diabetes Day -

Kolkata, 14th November, 2023: ILS Hospitals, Howrah organized **Walkathon 2023 – a Walk to Drive out Diabetes** to commemorate World Diabetes Day. The event witnessed an enthusiastic turnout of more than 500 participants, all determined to take strides towards a healthier future.

The Walkathon was flagged off by **Mr Debashis Dhar, Group Vice President of Business Development at ILS Hospitals** and **Dr Mahua Golder, ILS Hospitals, Howrah**.

"In line with this year's theme of 'Empowering Global Health', we have organized **Walkathon 2023 - A Walk To Drive Out Diabetes** to emphasize the significance of addressing diabetes in our society. Managing diabetes requires lifelong care, and the support of family plays a pivotal role in ensuring a healthy and fulfilling life. Through this walk we are also acknowledging them and their contributions to fight this menace," said **Mr Debashis Dhar, Group Vice President of Business Development at ILS Hospitals**.

"In the present day, individuals are increasingly susceptible to developing diabetes, even in the absence of a family history, due to sedentary lifestyles. This condition can lead to severe complications including kidney failure, vision impairment, and even limb loss. Prioritising a balanced diet, regular exercise, and adopting healthier lifestyle choices can significantly reduce the risk of developing diabetes", said **Dr Mahua Golder, COO, ILS Hospitals, Howrah**.

The walk commenced from ILS Hospitals, Howrah, and charted a course through prominent locales including Salkia Flyover, Howrah Station Road, and Salkia School Road, before returning at ILS Hospitals. Each participant carried a digital candle, symbolizing the collective commitment to dispelling the shadows of diabetes. Additionally, placards highlighting different facets of diabetes were brandished by participants, further amplifying the message of awareness and prevention.

About ILS Hospitals:

GPT Healthcare Limited is the healthcare wing of the GPT Group. Currently, it owns and operates 580+ beds across 4 state-of-the-art, multi-specialty hospitals under the brand name "ILS Hospitals" at Salt Lake, Dum Dum, Howrah (West Bengal) and Agartala (Tripura). ILS Hospitals is technically and financially viable and regarded as one of the most reputable institutions in the Eastern part of the country. It is under the leadership of Dr. Om Tantia, Founder and Director of the Institute of Laparoscopic Surgery. ILS Hospitals is a pioneer of laparoscopic surgery in Eastern India offering high-end laparoscopic surgery for a range of illnesses and diagnoses. The bariatric department of ILS Hospitals has been awarded the Centre of Excellence by SRC and OSSI and Dr. Om Tantia as the Surgeon of Excellence.

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